Time-limited Psychodynamic Psychotherapy with Children and Adolescents

An interactive approach

Ruth Schmidt Neven, Centre for Child and Family Development, Australia

This book challenges the assumptions that psychotherapy with children and young people requires long-term involvement. It presents a psychodynamic interactive contextual model that engages the child, the young person and their parents. With the help of examples from clinical work, Ruth Schmidt Neven demonstrates, through the provision of a detailed conceptual framework, how this model can be applied in everyday therapeutic practice. The book will provide therapists and all who work with children young people and families, the opportunity to explore the meaning of behaviour integrating the intra-psychic, interpersonal and systemic domains.

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*Ruth Schmidt Neven, PhD is a child psychotherapist, clinical psychologist, educator and researcher. She trained at the Tavistock Clinic in London and over four decades has brought a pioneering approach to clinical work with children and young people, emphasising the essential nature of the meaning of behaviour.
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